

# Citywide Breakfast

## NOVEMBER 2011

Monday	Tuesday	Wednesday	Thursday	Friday
	<b>TRAYLESS TUESDAY 1</b> <b>SANDWICH CREATIONS</b> <u>Rise and Shine</u> Country Ham and Cheese in a Whole Wheat Flat bread	<b>BAGEL BONANZA 2</b> NY Style Bagels Cream Cheese and Spreads	<b>RISE AND SHINE! 3</b> Fluffy Pancakes served with syrup Turkey Canadian Bacon	<b>RISE AND SHINE 4</b> Whole Grain Blueberry Square Hot Cereal Choice
<b>7</b> <b>FUEL UP THE WHOLE GRAIN WAY!</b> Breakfast Sausage Roll Hot Cereal Choice	<b>TRAYLESS TUESDAY 8</b> <b>ELECTION DAY</b> <b>SANDWICH CREATIONS</b> <u>The Morning Round</u> Fluffy Egg Omelet With Cheese in a Flakey Croissant	<b>BAGEL BONANZA 9</b> NY Style Bagels Cream Cheese and Spreads	<b>10</b> <b>POWER UP</b> Buttermilk Biscuit Maple Glazed Turkey Sausage Patty	<b>11</b> <b>VETERANS DAY</b> Whole Grain Apple Square Hot Cereal Choice
<b>14</b> <b>FUEL UP THE WHOLE GRAIN WAY!</b> Whole Grain Blueberry Square Variety of Fruit Yogurts	<b>TRAYLESS TUESDAY 15</b> <b>SANDWICH CREATIONS</b> <u>Buenos Dias!</u> Fluffy Egg Omelet with Turkey Canadian Bacon in a Soft Whole Wheat Bun	<b>BAGEL BONANZA 16</b> NY Style Bagels Cream Cheese and Spreads	<b>17</b> <b>WAFFLE HOUSE PARTY</b> Crispy Waffles served with syrup Hot Cereal Choice	<b>18</b> <b>MUFFIN MANIA</b> Assorted Baked Muffins served with Jelly
<b>21</b> <b>FUEL UP THE WHOLE GRAIN WAY!</b> Breakfast Sausage Roll Hot Cereal Choice	<b>TRAYLESS TUESDAY 22</b> <b>SANDWICH CREATIONS</b> <u>Wake Up</u> Fluffy Cheese Omelet With Salsa In a Soft Wrap	<b>BAGEL BONANZA 23</b> NY Style Bagels Cream Cheese and Spreads	<b>24</b> <b>THANKSGIVING RECESS</b> Home-style French Toast Maple Glazed Turkey Sausage Patty	<b>25</b> <b>THANKSGIVING RECESS</b> Whole Grain Blueberry Square Hot Cereal Choice
<b>28</b> <b>FUEL UP THE WHOLE GRAIN WAY!</b> Whole Grain Apple Square Variety of Fruit Yogurts	<b>TRAYLESS TUESDAY 29</b> <b>SANDWICH CREATIONS</b> <u>Rise and Shine</u> Fluffy Egg Omelet With Melted Cheese in a Whole Wheat English Muffin	<b>BAGEL BONANZA 30</b> NY Style Bagels Cream Cheese and Spreads		



Offered Daily: assorted cold cereal, fruit choice or 100% fruit Juice, milk (1% low fat, and fat free)

Menu subject to change